

Lunch menu

Served daily from 11am 'til 4pm only

Burritos

All burritos are wrapped in flour tortillas. Burritos come with sides of sour cream and pico de gallo, unless otherwise noted. Guacamole available with burritos upon request.

Shrimp Burrito

Flour tortilla stuffed with spicy sautéed shrimp, mushrooms, zucchini, onions, tomatoes, shredded cheese and lettuce, drizzled with avocado lime dressing. 8.99

Bean Burrito

Choose from vegetarian pinto beans or our homemade beans (with chorizo) with sautéed tomatoes, onions, mushrooms, zucchini, yellow squash, shredded cheese and lettuce. (No substitutions on the veggies please!) 7.69

The Original Burrito

Our standard burrito filled with beans, lettuce and shredded cheese with your choice of meat. 7.69

Choose from the following:

Shredded Chicken (with onions and tomatoes)

Chopped Steak / Carnitas

Huevos con Chorizo Burrito

Scrambled eggs, Mexican sausage, cheese, beans, lettuce and salsa. 7.69

Smothered Burrito

Stuffed with beans, rice and our shredded chicken mix, smothered with zesty red sauce or salsa verde and melted cheese. 8.99
Substitute steak or carnitas – add 1.00

Fajita Burrito

Your choice of chicken or steak, with grilled green peppers, onions, tomatoes, shredded lettuce and cheese. 7.99

Fajitas

Fajitas are a sizzling skillet of sautéed vegetables and strips of meat, drizzled with our homemade red sauce. All fajitas are served with corn tortillas, rice and beans. Choose mild or spicy. Add zucchini, yellow squash and mushrooms for 2.59. Add chorizo (Mexican sausage) for 2.59. Smother your fajitas with cheese for 2.59.

Chicken Fajitas

Sautéed chicken, onions, green peppers and tomatoes. 9.99

Steak Fajitas

Tender strips of steak, onions, green peppers and tomatoes. 10.99

Shrimp Fajitas

Shrimp sautéed with onions, green peppers and tomatoes. 11.99

Fajitas Mixtas

A combination of chicken, steak and shrimp with sautéed onions, green peppers & tomatoes. 12.99

Fajitas de Mariscos

Shrimp, bay scallops and fillet of tilapia served on a skillet with sautéed mushrooms, onions, squash, green peppers and tomatoes. 14.99

Veggie Fajitas

Sautéed mushrooms, zucchini, yellow squash, onions, green peppers and tomatoes. 9.99

Filet Medallion Fajitas

9oz of tender filet medallions served on a sizzling skillet with sautéed veggies- red and green peppers, onions, mushrooms, tomatoes, yellow squash and zucchini. Finished with our ranchera sauce and served with rice and fresh lettuce, avocado and cucumber. 18.99

Lunch Entrées

Enchiladas Mexicanas

Three corn tortillas filled with your choice of shredded chicken (with onions and tomatoes), steak or cheese. Topped with salsa ranchera and melted cheese. Served with rice, beans and salad. 8.99

Enchiladas Verdes

Three corn tortillas filled with your choice of shredded chicken (with onions and tomatoes), steak or cheese. Topped with salsa verde and melted cheese. Served with rice, beans and salad. 8.99

Enchiladas de Camarón

Two flour tortillas stuffed with shrimp, mushrooms, tomatoes and onions, then topped with roasted tomato and chile sauce and melted cheese. Served with sour cream, guacamole, beans and salad. 9.99

Crab Enchiladas Verdes

Two flour tortillas filled with lump crab meat and vegetables, topped with salsa verde and queso fresco. Served with beans, salad, sour cream and guacamole. 10.99

Flautas Zapata

Two fried flour tortillas, stuffed with our shredded chicken mix and topped with salsa ranchera and melted cheese. Served with beans, lettuce, pico de gallo, sour cream and guacamole. 9.59

Huevos Rancheros

Eggs scrambled with chorizo, diced poblano and red peppers, served over warm corn tortilla chips and topped with salsa ranchera and melted cheese. Served with beans, salad, sour cream and warm corn tortillas. 9.59

Chile Relleno

One large poblano chile stuffed with Mexican Oaxaca cheese, sautéed in egg batter and topped with salsa verde and melted cheese. Served with rice, beans, salad and warm corn tortillas. 9.59

Tilapia Jalisco

Tilapia fillet topped with sautéed tomatoes, onions and mushrooms in a tangy lime sauce. Served with rice, salad & warm corn tortillas. 12.99

Camarones a la Diabla

Large shrimp and mushrooms sautéed in a spicy sauce made from 3 kinds of spices and chiles. Served with rice, salad and warm corn tortillas. 13.99

Huevos con Chorizo

Eggs scrambled with chorizo (Mexican sausage). Served with rice, beans and tortillas. 8.59

Enchiladas Norteñas

Two flour tortillas, filled with scrambled eggs, chorizo, one topped with salsa ranchera, one topped with salsa verde. Served with beans, salad, guacamole and sour cream. 8.99

Doña Lita's Tamales

A soft shell of corn flour stuffed with various fillings and sauce, steamed in a corn husk and finished with salsa verde. Choose from chicken, pork or vegetable fillings. Three per order served with rice, beans and salad. 9.99

Carne Asada

Two 5oz grilled New York strip steaks served with guacamole, beans, pico de gallo, warm corn tortillas and a side of ranchera. 13.99

Mole Poblano

Boneless, skinless chicken breast simmered in a traditional mild mole poblano sauce. Served with rice, beans, salad and warm corn tortillas. 9.99

Carnitas

Tender chunks of fried pork simmered in Mexican spices. Served with beans, guacamole, pico de gallo, warm corn tortillas and a side of salsa ranchera. 8.99

Bistek Guadalajara

Filet medallions topped with sautéed green peppers, mushrooms, tomatoes, onions and finished in the broiler with cheese. Served with beans, rice, salad and warm corn tortillas. 13.99
TRY IT TOPPED WITH LUMP CRABMEAT! 15.99

Additional Sides

Small side guacamole 1.00 Medium side guacamole 2.59



Bienvenidos

Authentic Mexican Cuisine
in the Heart of the City

18 South Third Street, Harrisburg, PA 17101

Fax: 717.901.5052

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Mon.-Thurs. 11am-10pm • Fri. 11am-11pm • Sat. 3pm-11pm • Sun. Closed

www.elsolmexicanrestaurant.net



Soft Tacos

Tacos are served on corn tortillas and taco platters include 3 tacos, beans and salad.

Grilled Fish Tacos

Grilled tilapia topped with cilantro, onions and salsa verde. 8.99 / Single taco 3.59

Tacos Rancheros

A combination of chorizo and carne asada in each taco, topped with cilantro, onions and salsa ranchera. 8.99 / Single taco 3.29

Carne Asada Tacos

Tender grilled steak chopped topped with onions, cilantro and salsa verde. 8.99
Single taco 3.29

Make your own 'Tacos de Filete'

Delicious, tender chopped filet mignon, sautéed and served with onions, cilantro, salsa ranchera and salsa verde. Served with warm corn tortillas on the side to assemble your own tacos. Delicioso! 11.59

Chorizo Tacos

Grilled Mexican sausage topped with cilantro, onions and green sauce. 8.99 / Single taco 3.29

Fried Fish Tacos

Crispy fried cod topped with pico de gallo and lettuce with roasted tomato and chili sauce. 8.99 / Single taco 3.59

Mahi Mahi Tacos

Mahi mahi marinated in adobo sauce, grilled and served in flour tortilla with guacamole sauce, spicy sour cream, lettuce, pico de gallo, cucumber, avocado and salsa verde.
Three tacos per order, served with garbanzo beans 10.99

Chicken Tacos

Shredded chicken breast simmered with diced onions and tomatoes, then topped with cilantro, onions and salsa verde. 8.99 / Single taco 3.29

Carnitas Tacos

Tender pork simmered with spices, then topped with pico de gallo and spicy red sauce. 8.99 / Single taco 3.29

Mixed Taco Platter

Pick 3 different tacos. Served with beans and salad. 10.99

Fiesta Chicken Tacos

Three soft flour tacos filled with chili-rubbed grilled chicken breast, red and green cabbage, pico de gallo, guacamole dressing and spicy sour cream.
Served with refried beans 9.99